



ANVVWA NEWSLETTER 21<sup>st</sup> November 2016

## CHAIRMAN'S REPORT

Our new Chairman, Ian Smith, has been very busy, and has enrolled in several training courses to enable him to eventually qualify as an advocate. We all wish him the best in this endeavour and also hope that his recent hospitalisation to get problems with his vascular system and heart sorted out was totally successful.

For this reason, I was asked to do this report on his behalf, as I was his predecessor in this role.

The delightful staff of Turner Freeman Lawyers led by the irrepressible Kasey Wuefert once again invited the people from ANVVWA past and present, with whom they have been involved over the past few years, to a luncheon at the Matilda Bay Restaurant in Crawley on Friday, 11<sup>th</sup> November, at which we were welcomed and hosted by the lovely lasses we have come to know as friends and supporters of those we try to help.

Kasey also presented a cheque for \$500 towards assisting all in need from Turner Freeman, which was gratefully received with appropriate thanks by our Vice-Chairman, Bob Lindsay, who ensured that appropriate Christmas greetings, as well as best wishes to Kasey on the approaching birth of her baby, hoping that hubby will be able to be home for the event.

A few faces were absent due to medical problems, however special mention must be made of Betty Hodgson who was able to attend thanks to her daughter. Les was unfortunately in hospital due to a bleeding ulcer, which we hope is now fixed.

I know Chairman Ian will want me to extend Christmas greetings to all and hope that we can continue to serve to the best of our abilities in the New Year.

I have included a few photos taken from the event for your enjoyment.

Many regards to all  
Trevor Robbins





## MEMORIAL DAY

Our next memorial will be held at Memorial Hill, Fremantle on Wednesday, 30<sup>th</sup> November, mustering at 1000.

We will have a fly-past at 1100, coinciding with last post and silence.

On conclusion of the ceremony, all attending will be invited to join us at the Swan Yacht Club for drinks and finger food. Lunch may also be purchased at the galley.



If you can't afford a doctor,  
go to an airport - you'll get a  
free x-ray and a breast exam,  
and; if you mention Al Qaeda,  
you'll get a free colonoscopy.

I recently picked a new primary care doctor.

After two visits and exhaustive lab tests, he said I was doing "fairly well" for my age. A little concerned about that comment, I couldn't resist asking him, "Do you think I'll live to be 80?"

He asked, "Do you smoke tobacco, or drink beer or wine?"

"Oh no," I replied. "I'm not doing drugs either."

Then he asked, "Do you eat rib-eye steaks and barbecued ribs?" I said, "No, my former doctor said that all red meat is very unhealthy!"

"Do you spend a lot of time in the sun, like playing golf, sailing, hiking, or bicycling?" "No, I don't," I said.

He asked, "Do you gamble, drive fast cars, or have a lot of sex?"

"No," I said. "I don't do any of those things."

He looked at me and said, "Then, why do you give a shit?"

## Remembrance Day - 11<sup>th</sup> November

World War I military cemeteries of all nations can be found throughout the world. There are ever so many.

### Military dead in World War I (excluding civilians):

Russia - 2,000,000 dead (so few people realize the immensity of Russian losses in World War I; only Germany matches it)

France - 1,398,000 dead

The British Empire - 1,116,000 dead

Italy - 651,000 dead

United States - 117,000 dead

Austria-Hungary 1,100,000 dead

Germany 2,000,000 dead

Total military dead in World War I - 10,000,000

**Total dead in World War I including civilians - 17,000,000  
Plus 20,000,000 more severely wounded**

## PROGRAM – DECEMBER TO JANUARY

Last day of official office for vets – Thurs 15<sup>th</sup> Dec

Office staff & Committee – Fri 16<sup>th</sup> Dec (at Office)

Committee Meeting – 1100 Mon 30<sup>th</sup> January 2017  
at Swan Yacht Club

Office reopens for work – Tuesday 31<sup>st</sup> January 2017

Staff – please remember to scan the appropriate pages of your log books for total mileage from 1<sup>st</sup> July to 15<sup>th</sup> December and e-mail or hand to Trevor so that your travel and any associated costs incurred can be reimbursed to you. Any costs incurred for attending funerals of visiting for welfare purposes during the closed period can be noted for inclusion in the log books commencing 1<sup>st</sup> January 2017

**The teacher was telling the kids about the birds and the bees and she explained that when a man and a woman meet and fall in love, nine months later the stork usually brings them a little baby from its nest.**

**Little Gemma at the back of the class put her hand up and asks the teacher,**

**"Are you sure about the stork, miss? I think you're getting your birds mixed up 'cos my big sister just got a little baby and she said it was from a shag in St Kilda.....!"**

. A's for arthritis; B's the bad back, C's the chest pains, perhaps car-di-ac?

D is for dental decay and decline, E is for eyesight, can't read that top line!

F is for farting and fluid retention,

G is for gut droop, which I'd rather not mention.

H is high blood pressure--I'd rather it low;

I for incisions with scars you can show.

J is for joints, out of socket, won't mend,

K is for knees that crack when they bend.

L 's for libido, what happened to sex?

M is for memory, I forget what comes next.

N is neuralgia, in nerves way down low;

O is for osteo, bones that don't grow!

P for prescriptions, I have quite a few,

just give me a pill and I'll be good as new!

Q is for queasy, is it fatal or flu?

R is for reflux, one meal turns to two.

S is for sleepless nights, counting my fears,

T is for Tinnitus; bells in my ears!

U is for urinary; troubles with flow;

V for vertigo, that's 'dizzy,' you know..

W for worry, now what's going 'round?

X is for X ray, and what might be found.

Y for another year I'm left here behind,

Z is for zest I still have-- in my mind!

I've survived all the symptoms, my body's deployed,  
And I'm keeping twenty-six doctors fully employed!